# <sup>99m</sup>Tc-nebivolol as a novel heart imaging radiopharmaceutical for myocardial infarction assessment

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Received: 20 June 2012/Published online: 13 September 2012 © Akadémiai Kiadó, Budapest, Hungary 2012

Abstract Non-invasive quantification of myocardial  $\beta$ -receptors could become an independent prognostic marker for chronic heart failure and cardiovascular disorders. The aim of this study was to formulate a novel radiopharmaceutical for the detection of myocardial infarction at early stages in susceptible patients, which requires the development of high myocardium affinity radiopharmaceuticals able to establish an accurate in vivo quantification of cardiac  $\beta_1$ -adrenoceptors. This was attained by the direct complexation of nebivolol as a cardioselective agent with technetium-99m as one of the most useful radionuclides in diagnostic nuclear medicine. Factors affecting the radiochemical yield such as nebivolol amount, stannous chloride amount, reaction time and pH of the reaction mixture were optimized. The results showed that the radiochemical yield was  $95 \pm 2.87$  % and the radiolabeled compound was separated by high performance liquid chromatography. In vitro studies showed that the formed complex was stable for up to 24 h. In vivo uptake of <sup>99m</sup>Tc-nebivolol in the heart was 4.55  $\pm$  0.23 % ID/g organ at 0.5 h post injection, whereas the clearance from Albino mice appeared to proceed via the hepatobiliary and renal clearance pathways. Predosing mice with cold nebivolol reduced the heart

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Labeled Compound Department, Hot Laboratory Center, Atomic Energy Authority, P.O. Box 13759, Cairo, Egypt uptake to  $1.1 \pm 0.02$  % and further confirmed the high specificity and selectivity of this radiotracer for the assessment of the myocardial  $\beta_1$ -adrenoceptors.

Keywords <sup>99m</sup>Tc-nebivolol · Imaging · Myocardium · Prognostic marker

## Introduction

Nebivolol is a myocardial  $\beta_1$ -selective adrenergic receptor antagonist that augments vascular nitric oxide release causing vasodilatory effects in humans. Nebivolol is chemically designated as 1-(6-fluorochroman-2-yl)-{[2-(6fluorochroman-2-yl)-2-hydroxy-ethyl]amino}ethanol [1] (Fig. 1). In animal studies and cell systems, nebivolol was reported to be highly selective for  $\beta_1$ -adrenoceptors [2–4]. The binding studies in human myocardium have revealed that nebivolol exhibits high affinity and specificity for the  $\beta_1$ -adrenoceptor subtype ( $K_i$  ( $\beta_1$ ): 6.1 nM) relative to the  $\beta_2$ -adrenoceptor subtype ( $K_i$  ( $\beta_2$ ): 149.7 nM) [5]. The  $\beta_1$ -selectivity was studied in human myocardial tissue in comparison with several beta-blockers currently available for clinical use [6-8]. Nebivolol proved to be the most  $\beta_1$ -selective adrenoceptor relative to other  $\beta_1$ -selective antagonists such as bisoprolol, carvedilol, atenolol, metoprolol and betaxolol [9–12].

In the normal heart, mainly  $\beta_1$  and  $\beta_2$ -ARs control the adrenergic functionality of the myocardium according to their molecular, biological, and pharmacological characteristics [13, 14]. The  $\beta_1$ -adrenoceptor is the dominant receptor in heart, primarily responsible for the cardiac contraction and control of the heart rate [13]. On the other hand the failing human heart is characterized by a selective reduction in  $\beta_1$ -adrenoceptors without change in  $\beta_2$ -AR

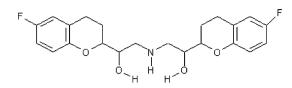


Fig. 1 Chemical structure of nebivolol

density. Changes in the  $\beta_1/\beta_2$ -AR ratio are associated with some cardiovascular diseases and disorders, such as heart failure, myocardial ischemia, myocardial infarction and hypertension [15–20]. Non-invasive quantification of  $\beta$ -ARs could facilitate the accurate choice and control of therapeutic interventions for patients with cardiovascular diseases [15, 16]. Consequently, the in vivo quantification of cardiac  $\beta_1$ -adrenoceptors could become an independent prognostic marker for chronic heart failure and cardiovascular disorders [21, 22].

Several non-selective  $\beta_1$ -AR radioligands have been used with both SPECT and PET molecular imaging techniques for cardiac imaging [23-36]. Radioiodinated derivatives of the non-selective  $\beta$ -AR antagonists carazolol and CGP-12177 were synthesized for quantifying  $\beta$ -ARs with SPECT in patients with heart disease [23-25]. Other radioligands such as [<sup>11</sup>C]CGP-12388 [26], [<sup>18</sup>F]CGP-12388 [27], [<sup>11</sup>C]CGP-12177 [28], have been used in PET studies. On the other hand, a few  $\beta_1$ -AR selective radioligands, such as [<sup>11</sup>C]bisoprolol [29], [<sup>11</sup>C]HX-CH 44 [30], [<sup>11</sup>C]CGP-26505 [31], [<sup>11</sup>C]CGP-20712A [32] and <sup>125</sup>Inebivolol [33] were assessed in vivo. Quantification of  $\beta_1$ -ARs with either SPECT or PET in patients with heart disease requires a radioligand with high affinity, specificity and low metabolism for clinical studies [34, 35]. At present none of the  $\beta_1$ -selective radioligand turned out to be suitable for the non-invasive assessment of cardiac  $\beta_1$ -ARs [34, 36].

The present study describes the development of a selective radioligand for the non-invasive assessment of cardiac ARs in vivo, so that their distribution, concentration and occupancy by endogenous ligand or drugs can be monitored throughout the progress of specific diseases and their treatments. This could identify patients who are at risk for future cardiovascular diseases and disorders.

## Materials and methods

Nebivolol, M.wt. = 405.435 g/mol was a generous gift from Pharmagene Lab., Egypt. Whatman No. 1 paper chromatography (PC), Whatman International Ltd, Maidstone, Kent, UK. Technetium-99m was eluted as  $^{99m}TcO_4^{-}$ from  $^{99}Mo/^{99m}Tc$  generator, Gentech, Turkey. The radioactivity was measured in a well-type NaI(Tl) crystal coupled to SR-7 scaler ratemeter. All Chemicals were of analytical or clinical grade and were used directly without further purification unless otherwise stated. Deionized water was used in all experiments for the preparation of solutions, dilution and washing purposes.

## Labeling of nebivolol

<sup>99m</sup>Tc-nebivolol was generally synthesized by direct reaction of nebivolol with <sup>99m</sup>Tc ( $t_{1/2} = 6$  h) under reducing conditions in the presence of SnCl<sub>2</sub>·2H<sub>2</sub>O. One ml of <sup>99m</sup>Tc eluate containing 195 MBq was added to the above mixture and left to react at room temperature (25 °C) for the recommended time before estimating the yield of <sup>99m</sup>Tc-nebivolol complex. The influence of various reaction parameters and conditions on radiolabeling efficiency, such as the amount of reducing agent (SnCl<sub>2</sub>·2H<sub>2</sub>O), concentration of nebivolol (50–225 µg), pH of the reaction medium (2–12) and the reaction time (1–480 min) was investigated and optimized in order to maximize the radiochemical yield. The radiochemical purity was assessed by PC and high performance liquid chromatography (HPLC).

Determination of radiochemical purity

Radiochemical purity of <sup>99m</sup>Tc-nebivolol was performed by paper chromatographic technique using strips of Whatman No. 1 paper. On two PC strips (1 cm width, 13 cm length), 1–2  $\mu$ l of the reaction mixture was placed 2 cm above the lower edge and allowed to evaporate spontaneously. Then one strip was developed with acetone from which the percent free <sup>99m</sup>TcO<sub>4</sub><sup>-</sup> was determined while the other strip was developed with a mixture of ethanol:water:ammonium hydroxide (2:5:1) from which the percent reduced hydrolyzed <sup>99m</sup>Tc was determined.

The radiochemical purity was further confirmed by HPLC (Hitachi model, Japan) The HPLC analysis of  $^{99m}$ Tc-nebivolol complex was done by injection of purified 10 µl  $^{99m}$ Tc-nebivolol complex into the column (Alphabond RP-C18, 300 × 3.9 mm) and UV spectrophotometer detector (SPD-6A) operated at 282 nm. The mobile phase consisting of a mixture of acetonitrile and 0.3 M potassium dihydrogen phosphate adjusted to pH 3.2 in the ratio of 50:50 v/v was delivered at a flow rate of 1.2 ml/min [37].

## Stability in serum

Stability of <sup>99m</sup>Tc-nebivolol complex in serum was studied in vitro by mixing 1 ml of normal serum and 0.5 ml <sup>99m</sup>Tcnebivolol and incubated at 37 °C for 24 h. Exactly 0.2 ml aliquots were withdrawn during the incubation at different time intervals up to 24 h and subjected to PC to determine the percent of <sup>99m</sup>Tc-nebivolol and free pertechnetate. Consequently, the stability of the radiolabeled complex will determine its suitability for in vivo application [38].

## **Biodistribution studies**

The experimental procedures of the animal studies were in accordance with the guidelines set out by the Egyptian Atomic Energy Authority and were approved by the animal ethics committee, Labeled Compound Department. In vivo experiments were carried out in normal Albino mice (n = 5). Animals were injected intravenously in the tail vein with <sup>99m</sup>Tc-nebivolol (0.3 MBq/g). Animals were euthanized after injection of the tracer; Albino mice were sacrificed by cervical dislocation at 0.5, 2 and 4 h after administration of <sup>99m</sup>Tc-nebivolol. A blood sample was obtained by heart puncture.

After dissection, the organs and tissues were rinsed with saline, collected in plastic containers and weighed. The radioactivity of each sample as well as the background was counted in a well-type NaI(Tl) crystal coupled to SR-7 scaler ratemeter. Percent-injected dose per gram organ (% ID/g organ  $\pm$  SD) in a population of five mice for each time point was reported. Blocking study, in which cold nebivolol was administered 30 min prior to the injection of <sup>99m</sup>Tc-nebivolol was reported as average uptake percent at 0.5 h post injection (n = 5). Differences in the data were evaluated with the Student *t* test. Results for *P* using the two-tailed test were reported and all results are given as mean  $\pm$  SEM. The level of significance was set at *P* < 0.05.

## **Results and discussion**

Radiochemical purity of a radiopharmaceutical product is the proportion of the total radioactivity in the desired radiochemical form. Radiochemical purity and in vitro stability of <sup>99m</sup>Tc-nebivolol complex were assessed by PC and HPLC. In PC using acetone as the developing solvent, free  ${}^{99m}$ TcO<sub>4</sub><sup>-</sup> moved with the solvent front ( $R_f = 1$ ), while <sup>99m</sup>Tc-nebivolol and reduced hydrolyzed technetium remained at the origin. Reduced hydrolyzed technetium was determined by using a mixture of ethanol:water: ammonium hydroxide (2:5:1) as the developing solvent, where reduced hydrolyzed technetium remains at the origin  $(R_{\rm f} = 0)$  while other species migrate with the solvent front  $(R_{\rm f} = 1)$ . In most radiopharmaceutical preparations, the major fraction of radioactivity is in the bound form. The free and hydrolyzed fractions are undesirable radiochemical species and must be removed or reduced to a minimum level in order not to interfere significantly with the diagnosis. The radiochemical purity was determined by subtracting the sum of the percent of reduced hydrolyzed technetium and free pertechnetate from 100 %. The radiochemical yield is the mean value of three experiments.

The radiochemical purity was further confirmed by HPLC analysis, where the retention time of free  $^{99m}\text{TcO}_4^-$  and  $^{99m}\text{Tc-nebivolol}$  was 2.3 and 3.7 min, respectively as shown in the chromatogram (Fig. 2). The HPLC system was able to separate  $^{99m}\text{Tc-nebivolol}$  and can be used for purification and quality control of the compound. Factors affecting the radiochemical yield will be discussed in details.

## Effect of nebivolol amount

Nebivolol was labeled with technetium-99m using the direct technique, in which the reduced technetium-99m react with nebivolol to form the labeled chelate. The dependence of radiochemical yield on the amount of nebivolol was depicted in Fig. 3. The reaction was performed at different nebivolol concentrations (50–225 µg). Exactly 200 µg was the optimum ligand amount required to obtain maximum radiochemical yield,  $95 \pm 2.87$  %. Below this value, the ligand amount was insufficient to complex all the reduced technetium-99m, as a result the amount of the reduced hydrolyzed technetium was high and was equal to 69 % at 50 µg of nebivolol. At ligand amount higher than 200 µg, the labeling yield remained stable (~95 %).

#### Effect of SnCl<sub>2</sub>·2H<sub>2</sub>O content

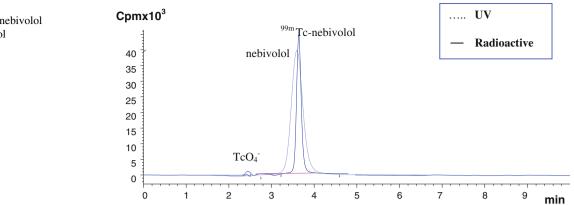
The effect of reducing agent (stannous chloride) on the labeling efficiency of <sup>99m</sup>Tc-nebivolol is demonstrated in Fig. 4. The radiochemical yield was dependent on the amount of SnCl<sub>2</sub>·2H<sub>2</sub>O present in the reaction mixture. At 10  $\mu$ g SnCl<sub>2</sub>·2H<sub>2</sub>O, the labeling yield of <sup>99m</sup>Tc-nebivolol was 73 % due to incomplete reduction of <sup>99m</sup>TcO<sub>4</sub><sup>-</sup> and hence unreliable yield of the complex due to the presence of free <sup>99m</sup>TcO<sub>4</sub><sup>-</sup> (13 %). The labeling yield was significantly increased by increasing the amount of SnCl<sub>2</sub>·2H<sub>2</sub>O from 10 to 200, at which a maximum labeling yield of SnCl<sub>2</sub>·2H<sub>2</sub>O above the optimum concentration value, the labeling yield decreased (65 %) due to the formation of tin colloids (35 %), which can compete with nebivolol for the reduced <sup>99m</sup>Tc.

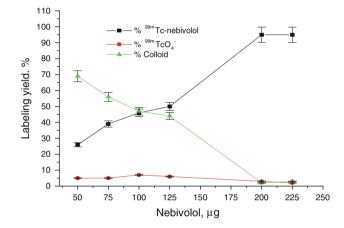
Effect of reaction time and in vitro stability

The labeling yield of nebivolol with <sup>99m</sup>Tc is strongly dependent on reaction time in the range from 1 to 480 min. The effect of time on the in vitro stability of <sup>99m</sup>Tc-nebivolol complex was studied in order to determine the suitable time during which the preparation can be used. It is

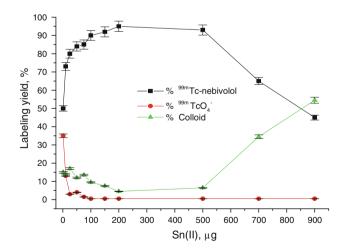
Fig. 2 Overlaid chromatograms of nebivolol

and 99mTc-nebivolol





**Fig. 3** Radiochemical yield of <sup>99m</sup>Tc-nebivolol as a function of different amounts of nebivolol. Effect of nebivolol amount on the labeling yield of <sup>99m</sup>Tc-nebivolol; reaction conditions:  $x \ \mu g$  nebivolol, 200  $\mu g \ SnCl_2 \cdot 2H_2O$ , 1.0 ml (~195 MBq) of <sup>99m</sup>TcO<sub>4</sub><sup>-</sup> at pH 6, the reaction mixture was kept at room temperature for 30 min

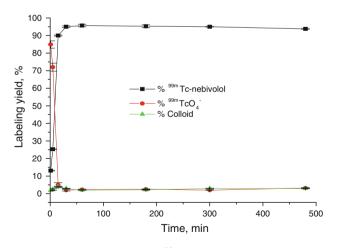


**Fig. 4** Radiochemical yield of <sup>99m</sup>Tc-nebivolol as a function of reducing agent amount. Effect of SnCl<sub>2</sub>·2H<sub>2</sub>O concentration on the labeling yield of <sup>99m</sup>Tc-nebivolol; reaction conditions: 200 µg nebivolol,  $x \mu g$  of SnCl<sub>2</sub>·2H<sub>2</sub>O, 1.0 ml (~195 MBq) of <sup>99m</sup>TcO<sub>4</sub><sup>--</sup> at pH 6, the reaction mixture was kept at room temperature for 30 min

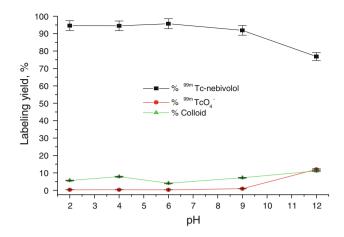
clear from Fig. 5 that the radiochemical yield was significantly increased when increasing the reaction time from 1 to 30 min. Increasing the reaction time beyond 30 min caused slightly decrease in the radiochemical yield. A minimum reaction time of 30 min was needed to reach the maximum radiochemical yield (95  $\pm$  2.87 %). The labeled complex was stable for up to 8 h after labeling.

## Effect of pH

The influence of the pH of the reaction mixture on the radiochemical yield of <sup>99m</sup>Tc-nebivolol is shown in Fig. 6. The pH of the reaction medium was studied at pH range from 2 to 12. The radiochemical purity of the preparation is highest at pH 6 and was equal to  $95 \pm 2.87$  %. At lower pH (<6), the reducing power of Sn(II) ion works strongly in acidic medium to reduce technetium to lower oxidation state, which favors the formation of <sup>99m</sup>Tc-nebivolol. At pH above 6 the radiochemical purity was significantly



**Fig. 5** Radiochemical yield of <sup>99m</sup>Tc-nebivolol as a function of reaction time <sup>99m</sup>Tc-nebivolol yields versus reaction time; reaction conditions: 200 µg nebivolol, 200 µg of SnCl<sub>2</sub>·2H<sub>2</sub>O, 1.0 ml (~195 MBq) of <sup>99m</sup>TcO<sub>4</sub><sup>-</sup> at pH 6, the reaction mixture was kept at room temperature for different intervals of time



**Fig. 6** Radiochemical yield of <sup>99m</sup>Tc-nebivolol as a function of pH Effect of pH on the labeling yield of nebivolol; reaction conditions: 200 µg nebivolol, 200 µg SnCl<sub>2</sub>·2H<sub>2</sub>O, 1.0 ml (~195 MBq) of <sup>99m</sup>TcO<sub>4</sub><sup>--</sup> at pH = x, the reaction mixture was kept at room temperature for 30 min

lowered due to the formation of reduced hydrolyzed <sup>99m</sup>Tc, which is the main radiochemical impurity at pH 12.

## Biodistribution studies

Biodistribution studies of  $^{99m}$ Tc-nebivolol is shown in Table 1. All radioactivity levels are expressed as average percent-injected dose per gram body organs (% ID/g organ  $\pm$  SD). The biodistribution data of  $^{99m}$ Tc-nebivolol showed an uptake of  $4.533 \pm 0.021$ % ID/g organ in the cardiac muscle at 0.5 h post injection (pi). After this time point radioactivity dropped to  $1.273 \pm 0.006$ % at 2 h pi and  $0.516 \pm 0.010$ % at 4 h pi.

The biodistribution results demonstrated that the complex was cleared efficiently from the blood stream with only 0.972 % remaining in the blood after 4 h postinjection in comparison to 4.969-10.895 % at 2 and 0.5 h post

**Table 1** In vivo biodistribution analyses (% ID/g organ  $\pm$  SD, n = 5) of NCA <sup>99m</sup>Tc-nebivolol in normal Albino mice at different time intervals post injection

| Organs and<br>body fluids | % injected dose/g organ at different time intervals (h) |                     |                    |
|---------------------------|---|---------------------|--------------------|
|                           | 0.5   | 2                   | 4                  |
| Blood                     | $10.895 \pm 0.020$                                      | $4.969 \pm 0.052$   | 0.972± 0.131       |
| Heart                     | $4.533\pm0.231$   | $1.273 \pm 0.006$   | $0.516\pm0.010$    |
| Kidneys                   | $17.764 \pm 0.012$                                      | $38.253 \pm 0.3452$ | $10.284 \pm 0.012$ |
| Liver                     | $21.255\pm0.023$  | $22.041 \pm 0.568$  | $11.145 \pm 1.020$ |
| Intestines                | $7.507\pm0.521$   | $15.358 \pm 0.792$  | $19.347 \pm 0.521$ |
| Stomach                   | $3.193\pm0.201$   | $6.024\pm0.259$     | $11.839 \pm 0.065$ |
| Spleen                    | $1.852\pm0.151$   | $1.504 \pm 0.019$   | $4.279\pm0.126$    |
| Muscle                    | $1.671\pm0.195$   | $1.386 \pm 0.217$   | $0.021\pm0.201$    |
| Bone                      | $0.322\pm0.035$   | $1.563\pm0.215$     | $0.920\pm0.019$    |

injection, respectively. The early hepatic uptake was relatively higher (21.255  $\pm$  0.023 %) than the renal uptake (17.764  $\pm$  0.012 %), which reflected that the clearance pathways of <sup>99m</sup>Tc-nebivolol from the mice appeared to proceed via the hepatobiliary and renal clearance pathways. The level of radioactivity in all organs rapidly dropped between 2 and 4 h pi uptake of <sup>99m</sup>Tc-nebivolol except for stomach (3.193  $\pm$  0.201 %), which was observed slightly increasing with time.

Predosing Albino mice with non radioactive  $\beta_1$ -AR nebivolol 0.5 h before the injection of <sup>99m</sup>Tc-nebivolol reduced the heart uptake to 1.1 ± 0.022 % ID/g organ at 0.5 h pi. This result suggested that <sup>99m</sup>Tc-nebivolol binds selectively to  $\beta_1$ -ARs in the heart and that the uptake was specific. As a result of this study, <sup>99m</sup>Tc-nebivolol can be used successfully in imaging  $\beta_1$ -adrenoceptors.

### Conclusions

Nebivolol was labeled with <sup>99m</sup>Tc by direct labeling technique with a high labeling yield of 95  $\pm$  2.87 % using SnCl<sub>2</sub>·2H<sub>2</sub>O as reducing agent. This study described the in vitro and in vivo characterization of <sup>99m</sup>Tc-nebivolol necessary for designing a potentially useful radiopharmaceutical for the  $\beta_1$ -adrenergic receptor imaging. It showed good radiochemical and metabolic stability in vivo. Biodistribution studies performed in Albino mice demonstrated the affinity and specificity of <sup>99m</sup>Tc-nebivolol for  $\beta_1$ -adrenergic receptors.

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